

Run for the Cure
(October 2003)



Santa Shuffle (December 2003)



National Capital Marathon weekend (May 2004)



National Capital Marathon weekend (May 2004)



Run for the Cure (October 2004)



Rattle Me Bones (October 2004)



Santa Shuffle (December 2004)



National Capital Marathon weekend (May 2005)



National Capital Marathon weekend (May 2005)



National Capital Marathon weekend (May 2005)



National Capital Marathon weekend (May 2005)



Tuesday evening runs



Saturday morning runs



Ottawa Pride 2005



Ottawa Pride 2005



Ottawa Pride 2005

